

StyleMyBook formatting sample

Short fictional text showing EPUB and print layouts
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1 Start small

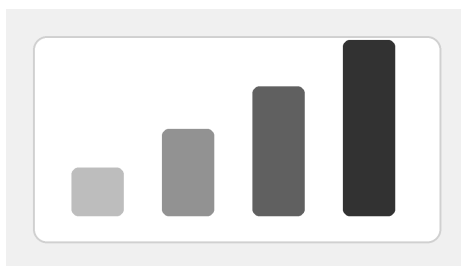
Big plans rarely come together in a single day. They grow from **small decisions** repeated often enough. That may sound less exciting, but it gives you something you can keep doing.

Instead of asking how much you can finish today, ask what you could still manage tomorrow. A steady routine leaves more attention for the work itself and makes it easier to see how far you have come.

Find a workable routine

- Choose a regular time to begin.
- Keep the first task small.
- Stop while you still know what comes next.

A routine does not have to be strict. It needs to be *clear* enough that you do not have to negotiate with yourself each morning.



Deciding when and how to begin every day takes energy before the writing has even started. A familiar sequence can make it easier to sit down and open the manuscript.

Some days produce three useful pages. On other days, one paragraph is enough. Keep the draft somewhere easy to find so that returning to it does not become another job.

Reading the work again matters too. A little distance can reveal a missing explanation or a passage that no longer belongs. Leave time for that second look.

2 Make room

Making room does not mean clearing the whole day. It means choosing one task that can take priority for a while, even when the rest of life carries on around it.

Before you begin

1. Write down what can wait until later.
2. Choose one thing to finish.
3. Decide where you will stop.

A stopping point can help a useful writing session end before tiredness takes over. You can come back to a difficult paragraph with fresh eyes.

Leave yourself a short note at the end. One sentence will do: this is where I will begin tomorrow. It saves you from having to work out your next step all over again.

After a few weeks, look back through the draft. Notice which times and places made the work easier. Keep what helped and change what did not.

Keep going

Choose a pace that fits your days. Give each chapter time, keep a copy of your work and return to the next small task when you are ready.